

Change in NT-proBNP and Clinical Outcomes in the Vericiguat Global Study in Subjects with Heart Failure with Reduced Ejection Fraction (VICTORIA)



Justin A. Ezekowitz, Yinggan Zheng, Lars H. Lund, Jian Zhang, Richard Troughton, Cynthia Westerhout, Robert Blaustein, Javed Butler, Adrian F. Hernandez, Carolyn S.P. Lam, Burkert Pieske, Lothar Roessig, Piotr Ponikowski, Christopher M. O'Connor, Paul W. Armstrong on behalf of the VICTORIA Study Group



Canadian **VIGOUR** Centre
Bridging Hearts and Minds

NCT02861534

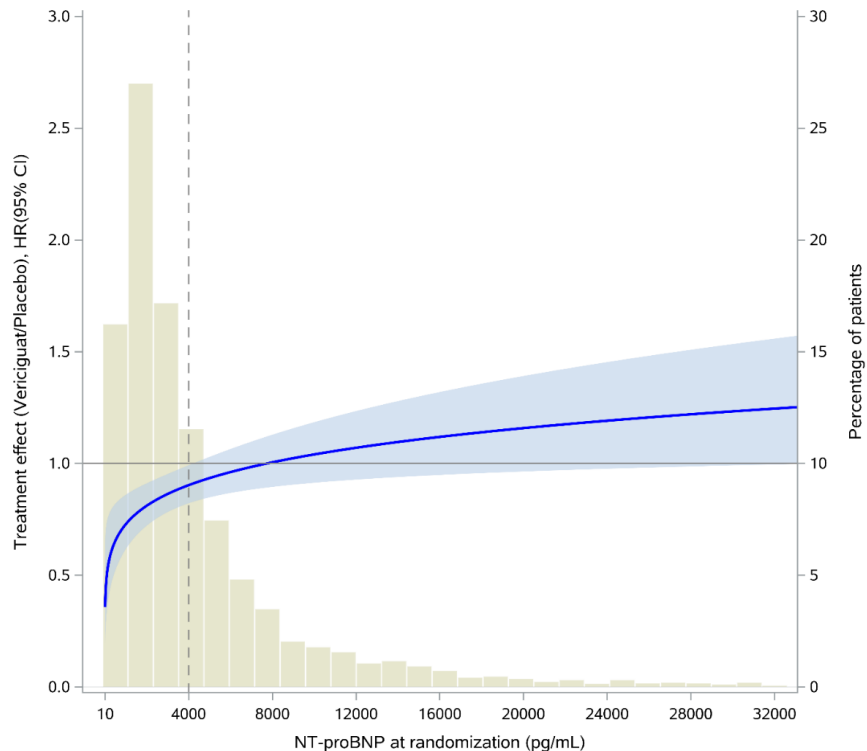


Duke Clinical Research Institute

Background: Changes in NT-proBNP & Clinical Outcomes in VICTORIA



NT-proBNP at Randomization and Clinical Outcomes



Prior studies have evaluated the change in NT-proBNP and a meta-analysis has demonstrated that reduction in NT-proBNP is associated with a reduction in HF hospitalizations

Objectives

- Assess whether vericiguat produces changes in sequential measures of NT-proBNP versus placebo
- Explore the relationship between changes in NT-proBNP between randomization and 16 weeks and the primary outcome of CV death or HF hospitalization according to study treatment.



Duke Clinical Research Institute

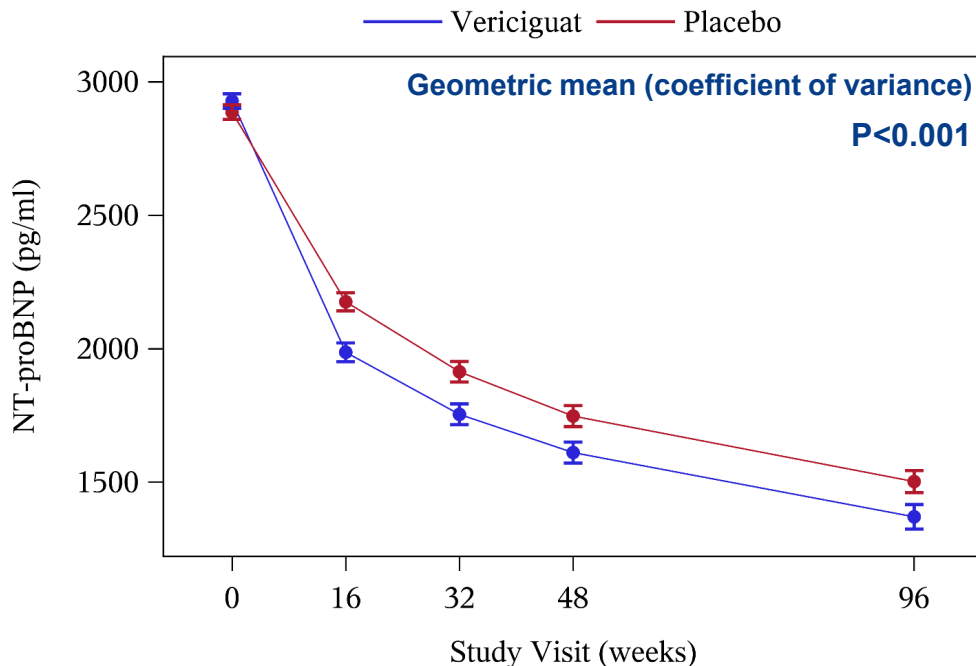


Methods: NT-proBNP, Statistics and Outcomes

- VICTORIA: RCT of 5050 patients with HFrEF and LVEF <45%
 - Screening natriuretic peptides:*
 - Sinus rhythm: NT-proBNP ≥ 1000 pg/ml (or BNP ≥ 300 pg/ml)*
 - Atrial fibrillation: NT-proBNP ≥ 1600 pg/ml (or BNP ≥ 500 pg/ml)*
- NT-proBNP measured at Randomization, 16, 32, 48 weeks in a core lab (n=4805 patients)
- Primary outcome: Time to CVD or first HFH
- Association between NT-proBNP change from baseline to 16 weeks and primary outcome (assessed by a landmark Kaplan-Meier survival analysis in 16-week survivors).
- Time-varying treatment effect related to NT-proBNP assessed via a joint modeling framework* through 48 weeks.



Results: NT-proBNP changes over time



Overall relative change over 96 weeks was 14%

Extent of relative changes in NT-proBNP from randomization to Week 16 by treatment.

Week 16 Change	Vericiguat (n=2047), %	Placebo (n=2053), %	Vericiguat vs. Placebo OR (95% CI)	P-value
Any reduction	66.5	57.8	1.45 (1.28-1.65)	<0.001
Reduction ≥50%	25.3	21.0	1.27 (1.10-1.47)	0.001
20%-50% Reduction	27.2	22.9	1.26 (1.09-1.45)	0.002
Change <20%	24.0	24.9	0.95 (0.82-1.10)	0.478
Increase ≥20%	23.4	31.1	0.68 (0.59-0.78)	<0.001
Increase >50%	13.8	18.7	0.70 (0.59-0.82)	<0.001

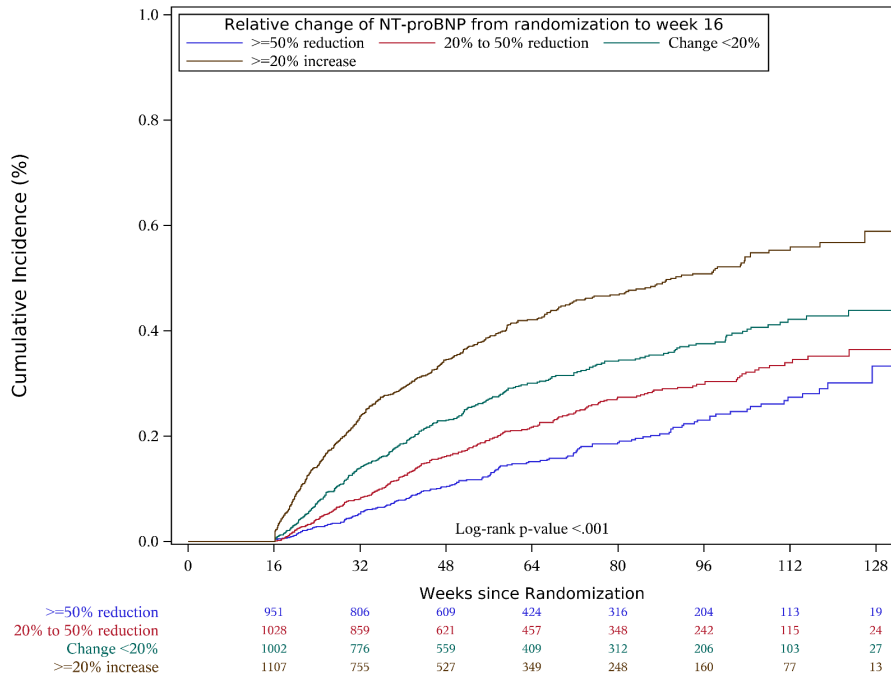
Number of Patients:	0	16	32	48	96
Vericiguat	2,414	2,134	1,736	1,286	428
Placebo	2,391	2,149	1,735	1,282	423



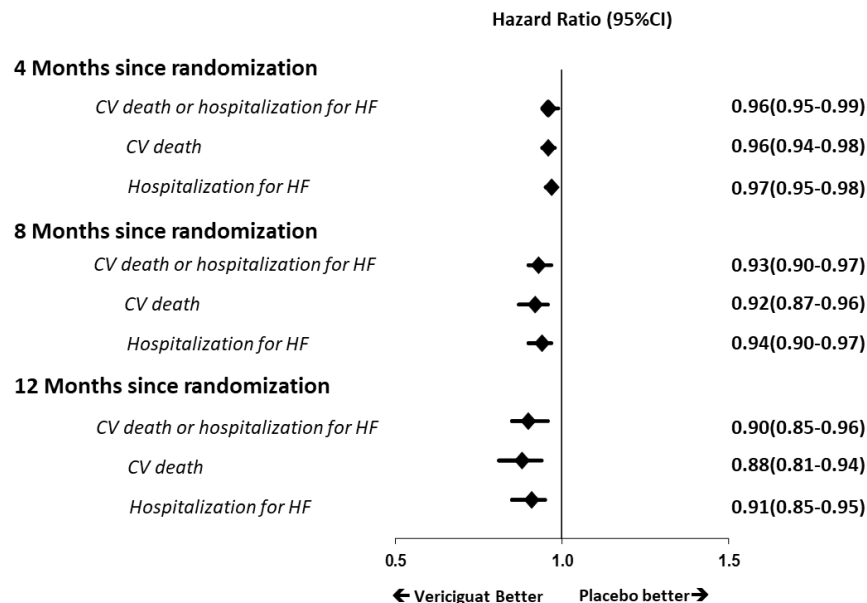
Results: Changes in NT-proBNP and Outcomes



CVD / HFH: All Patients



Time-varying treatment effect of vericiguat related to NT-proBNP



Time-varying treatment effect of vericiguat compared to placebo related to NT-ProBNP over time





Summary/Conclusions

- In patients with worsening HFrEF, vericiguat caused a greater early and sustained decrease in NT-proBNP compared to placebo.
- At 16 weeks, more vericiguat treated patients had declines and fewer had increases in NT-proBNP compared to placebo.
- Relative changes in NT-proBNP were related to the primary composite outcome in *all* patients surviving to Week 16.
- Based on a joint modeling framework, vericiguat's treatment benefit on outcomes was associated -in part- to changes in NT-proBNP over time.

